

# Photodynamic therapy

(PDT)

## Basic principles

- What is PDT?
- History of PDT
- Photosensitizers of 1st generation
- Photosensitizers of 2nd generation

## Principles of tumor treatment

### Traditional

Surgery – surgical removal of tumors  
documented already in 3000 b.c.

Radiotherapy – cell destruction by ionizing radiation

Chemotherapy – cytotoxic drugs

## Principles of tumor treatment

### New developments

Monoclonal antibodies

Antigene or antisense therapy

Gene therapy

Stem cells

Boron neutron capture therapy

**Photodynamic therapy**



## History of PDT

1924 – *A. Policard*: Porphyrin enriched tissue exhibits red fluorescence upon illumination with UV radiation

1925 - *H. Fischer*: porphyrins in the structure of human pigments (Nobel-price 1930)

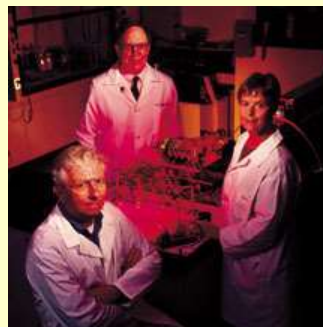


Nobel-price 1930

„Fischer's scientific work was mostly concerned with the investigation of the constitutive properties of the pigments in blood, bile, and also leaves, as well as with the chemistry of pyrrole. The main reason for the latter investigation was the synthesis of these natural pyrrole pigments. Of special importance was his synthesis of bilirubin”

## History of PDT

1974 – *T. Dougherty*: first systematic clinical studies



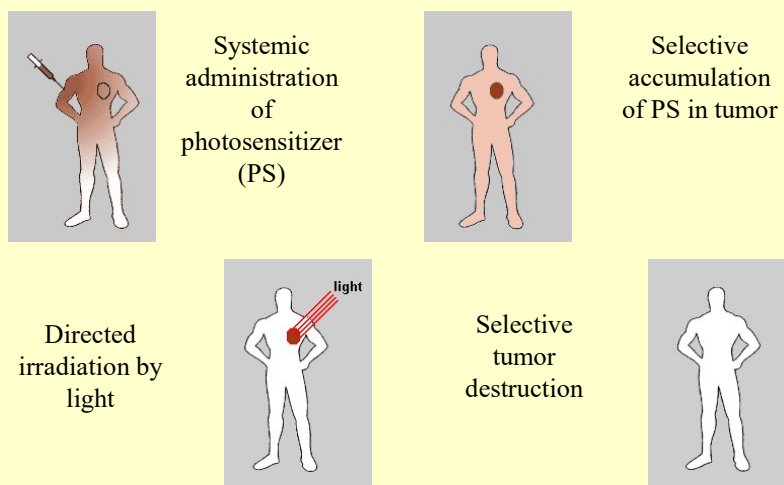
T. Dougherty: Activated dyes as antitumor agents. J. Natl. Cancer. Inst. 1974

## What is PDT

*Combined application of a photosensitizer and light*  
in the presence of oxygen



## Steps of PDT according Dougherty et al.



## An example of HpD-PDT



Before PDT - native

## Oesophagus squamous cell carcinoma



Before PDT - labeled

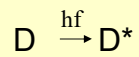


After HpD-PDT

## Photochemistry of PDT

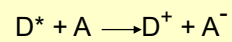
## Indirect photochemical reactions

Electron transfer

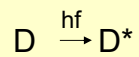


Type I reaction

Generation of reactive radicals

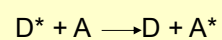


Energy transfer

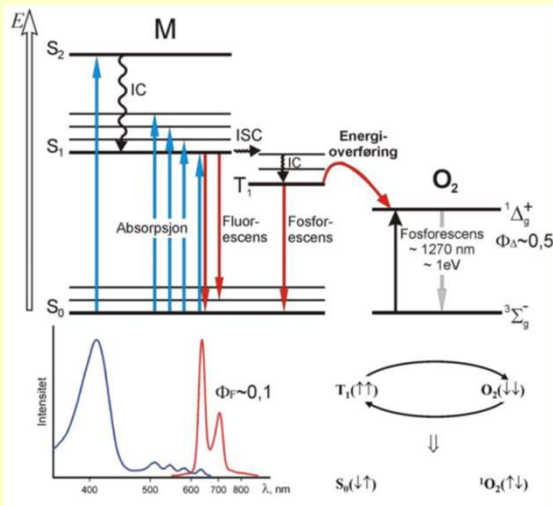


Type II reaction

Generation of singlet oxygen



## Photophysics of PDT



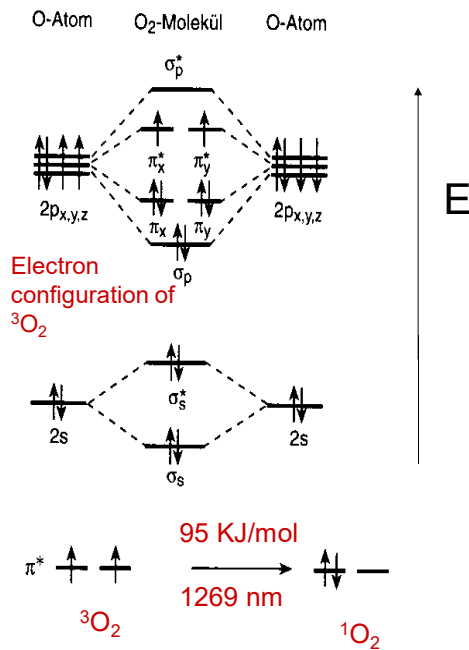
$^1O_2$  diffusion pathlength  $< 0.1 \mu m$

Relevant sizes:

Human cell  $\sim 10 \mu m$ ,  
Nucleus  $\sim 2 \mu m$

## What is $^1O_2$ ?

- $O_2$  is paramagnetic (in triplet state) in the ground state (according to Hund rule)
- Because of spin restriction triplet oxygen  $^3O_2$  participates only in non-selective radical reactions
- Singlet oxygen  $^1O_2$  is **very reactive** and selective

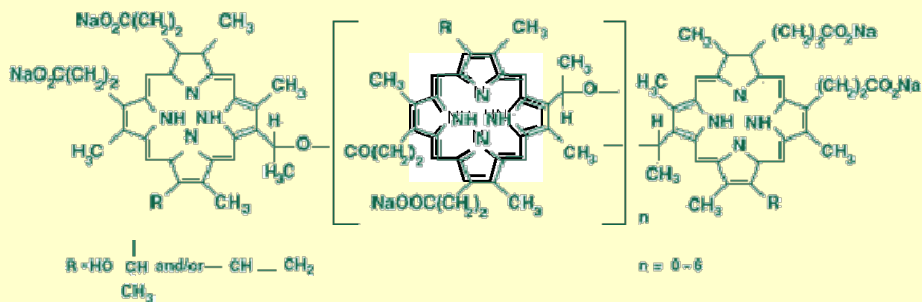






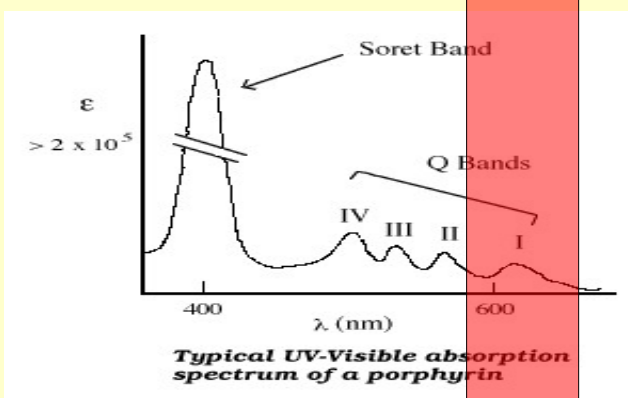
## Photosensitizers of the first generation

Chemical structure: Derivatives and oligomers of  
Hematoporphyrin (Hp)  
Hematoporphyrin derivatives (HpD)



Precise composition is unpredictable

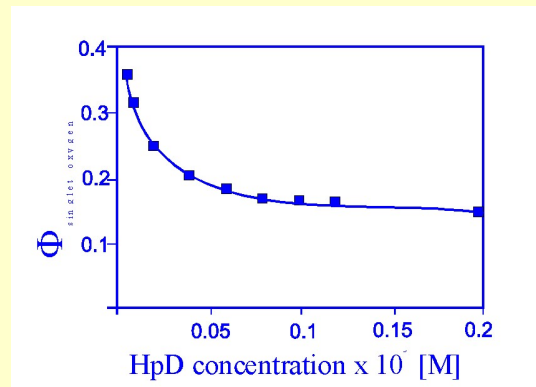
Photofrin®.



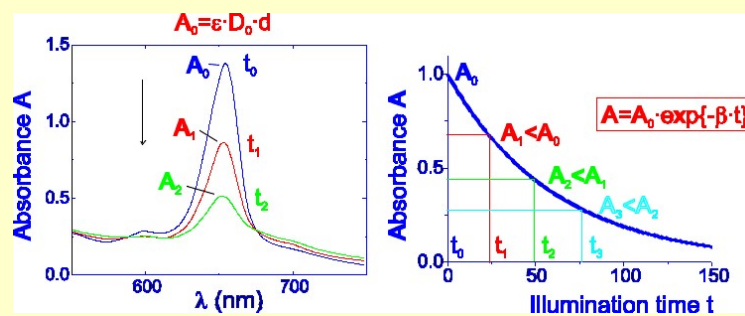
Irradiation: high  
power  
monochromatic red  
light

- Absorption at 405, 505, 525, 565 and 630 nm
- Emission around 635 and 700 nm
- Accumulation in tumors (?)

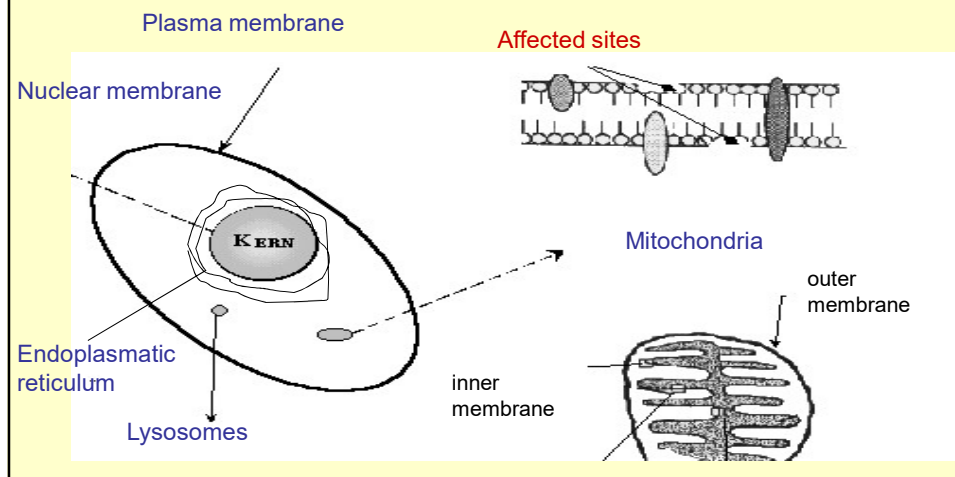
Aggregation – reduced efficiency,  
 increased photodegradation  
 unpredictable chemical dose



Photobleaching



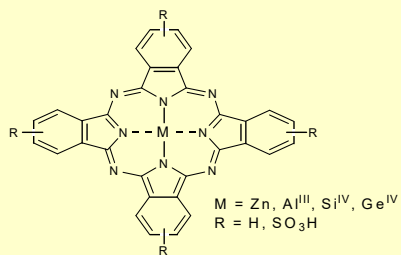
### Intracellular localization: HpD accumulates preferentially in membranes



### Pros and cons of the 1st generation of photosensitizers

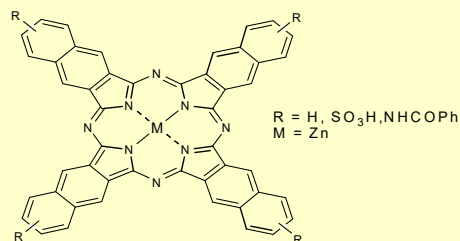
- Photophysics: high  $\phi_{isc}$  and  $\phi(^1O_2)$ , but relatively short wavelength absorption with a low absorption coefficient
- *in vivo* activity: low dark activity, high photodynamic activity, but relatively low selectivity of absorption in tumors; aggregation

## Photosensitizers of the second generation



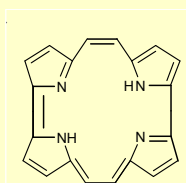
Phthalocyanin (Pc)

maximal  $\lambda_{ex}$  = 740 nm



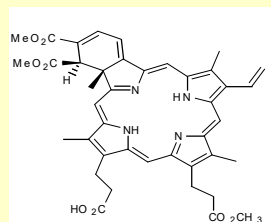
Naphthalocyanin (Nc)

maximal  $\lambda_{ex}$  = 820 nm



Porphycen

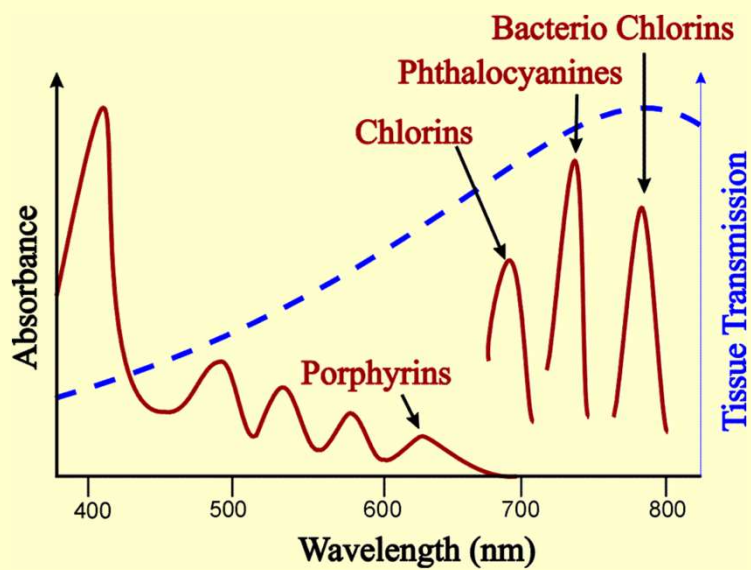
maximal  $\lambda_{ex}$  = 710 nm



Chlorin e<sub>6</sub>

maximal  $\lambda_{ex}$  = 750 nm

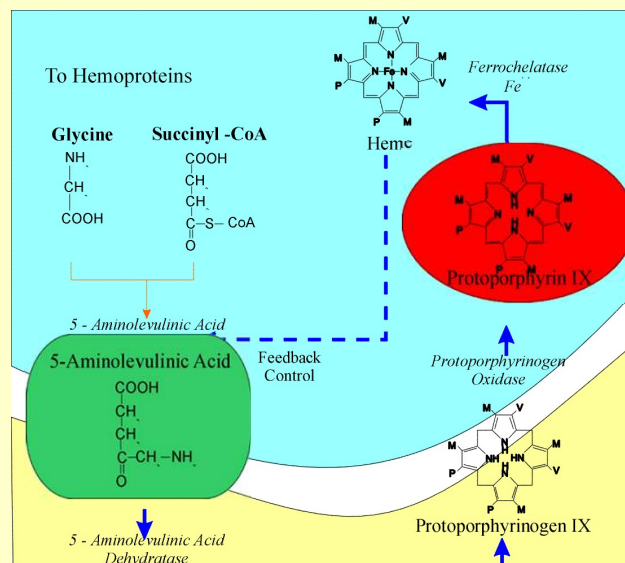
## Absorption spectra

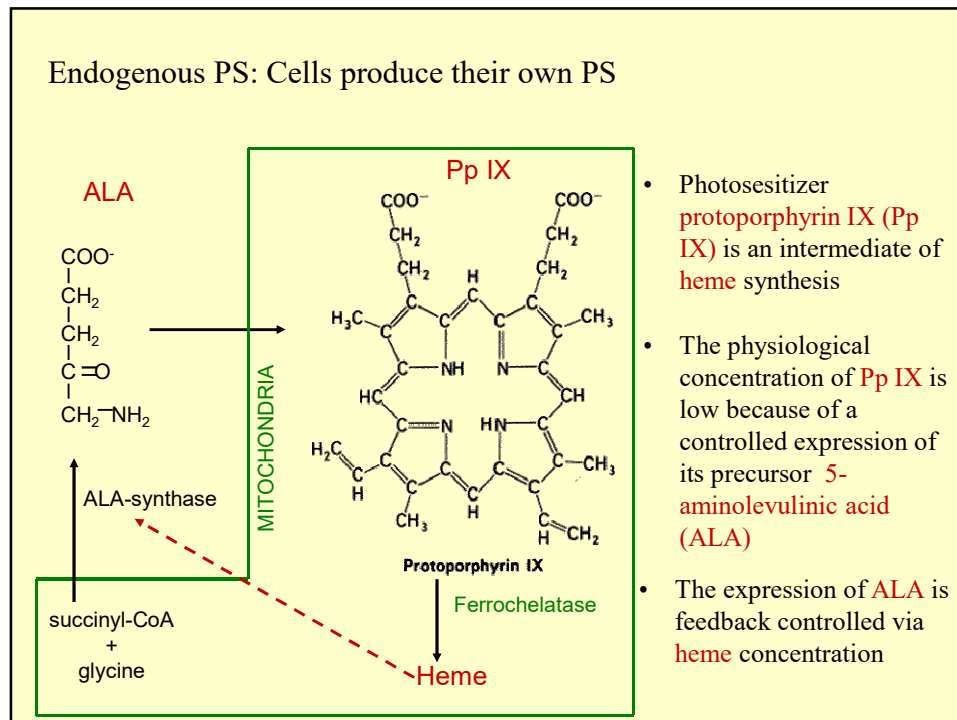


### Pros of the 2nd generation of photosensitizers

- Chemical stability
- Long wavelength (600-900 nm) absorption with large extinction coefficient
- Good accumulation in tumor
- Possibility of targeting
- Smaller side effects (short retention in skin)

### ALA- induced PDT






### Pros and cons of ALA-PDT


- Local application
- No photosensitization in skin
- Repeated treatments
- in situ fluorescence control

- Good tumor selectivity
- PpIX rapid degradation
- Excitation at 630 nm
- Uptake of ALA is opposed by skin

**2001**  
**Metvix® (ALA-derivative) topically**  
 www.photocure.com



**2000**  
**Levulan® topically**  
 www.dusapharma.com



Photos courtesy of DUSA Pharmaceuticals, Inc.  
 24 hours posttreatment      4 weeks posttreatment.

Compound	Name	Marketing	$\lambda$ max	Phase of development
Porfimer sodium	<i>Photofrin®</i>	<a href="#">QLT pharmaceuticals</a> , Sanofi	630 nm	<b>FDA approval</b> , France (april 1996) USA (december 1995)
5-aminolevulinic acid (ALA)	<i>Levulan®</i>	<a href="#">DUSA pharmaceuticals</a> , <a href="#">Schering AG</a>	630 nm	<b>FDA approval</b> : (USA dec 99)  multiple actinic keratoses  <b>Clinical trials</b> : I/II: psoriasis, basal cell carcinoma,
Benzoporphyrin	<i>Visudyne®</i>	Sanofi,	690 nm	<b>FDA approval</b> : (USA nov 99, France octobre 00) mascular degeneration (ARMD)
	<i>Verteporfin®</i>	<a href="#">Cibavision</a> ,		<b>Clinical trials</b> : I/II: anti HIV agent, non melanoma skin cancer, II:  II: cutaneous oncology III: immunosuppressant
Hydroxyphenyl chlorine (m-THPC)	<i>Foscan®</i>	<a href="#">Scotia</a>	652 nm	<b>Clinical trials</b> :  II: chest, GI, pancreas cancers III: head, neck, laryngeal cancers, adjunct to surgery and radiotherapy in late stage cancers

**Table 1. Fundamental clinical characteristics of the photosensitizers presently in clinical or preclinical trials**

Photosensitizer	Wavelength (nm)	Extinction coefficient ( $M^{-1} cm^{-1}$ )	Mode of delivery	Delivery vehicle	Typical dose ( $mg kg^{-1}$ )	Light dose ( $J cm^{-2}$ )	Time post-injection	Duration of skin photosensitivity
Haematoporphyrin-derivative	630	$3.0 \times 10^3$	IV or topical	5% Dextrose	2.0–5.0	100–200	24–48 h	2–3 months
Methylene blue	668	$9.5 \times 10^4$	<i>Ex vivo</i>	Water-soluble	1 $\mu M$	50,000 lux	n/a	n/a
5-Aminolaevulinic acid (protoporphyrin IX)	635	$< 5.0 \times 10^3$	Topical, oral or IV	Water-soluble	$< 60$ (orally) $< 30$ (IV)	100–200	–	1–2 days
Verteporfin	690	$3.5 \times 10^4$	IV	Liposomal	0.1–2.0	100–200	30–150 min	3–5 days
Tin etiopurpurin	660	$2.8 \times 10^4$	IV	Lipid emulsion	1.0–2.0	100–200	24 h	Up to 1 month
Temoporfin	652	$3.0 \times 10^4$	IV	PEG/ethanol/water	0.1–0.3	8–12	24–48 h	Up to 6 weeks
Texaphyrins	732	$4.2 \times 10^4$	IV	Water-soluble	0.6–7.2	150	3–5 h	Minimal
Phthalocyanines	670–680	$2.5 \times 10^5$	IV	Liposomal or water-soluble	0.5–2.0	100	24–72 h	8–10 days
Naphthalocyanines	750–780	$> 10^5$	IV	Liposomal	–	–	–	–
N-aspartyl chlorin e6	664	$4.0 \times 10^4$	IV	Water-soluble	0.5–3.5	25–100	4 h	3–7 days
Rhodamines	511	$2.0 \times 10^4$	<i>Ex vivo</i>	Water-soluble	25 $\mu M$	1–10	n/a	n/a
Porphycenes	630	$5.2 \times 10^4$	Topical	Liposomal	1.0–3.0	–	n/a	–
Hypericin	590	$4.4 \times 10^4$	Topical	Liposomal	–	–	–	–

Abbreviations: IV, intravenous; PEG, polyethylene glycol.

## Furthe applications of photodynamic reactions

Antimicrobial PDT

Treatment of arterial diseases

Treatment of maculadegeneration

Treatment of psoriasis

Photorejuvenation



## Antimikrobiaal PDT

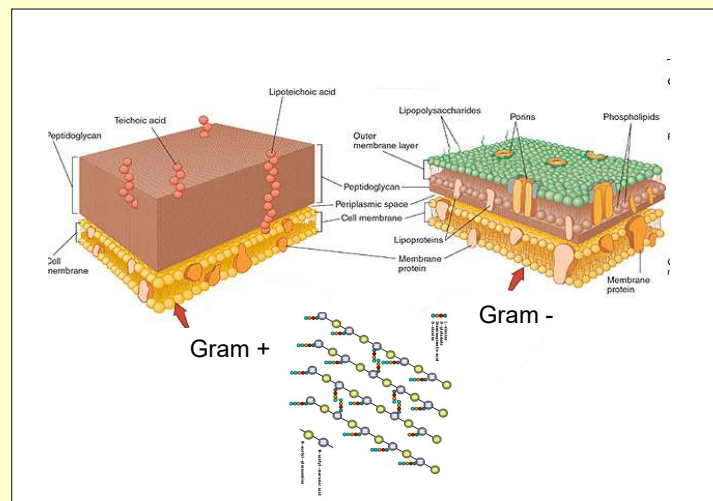
Photoinactivation of

**Bakteria**

Yeasts

Viruses

### Different feasibility in Gram+ and Gram- bacteria



## Photodynamic therapy

(PDT)

PS targeting

### Ames of targeted PDT

Increased selective accumulation in tumor cells/bacteria

Increased amount of incorporated PS

Modulation of intracellular distribution

Save/increase phototoxicity

## **Oligopeptide conjugates**

1. methods targeting amino groups  
reaction with carboxylic or isothiocyanate groups of PS
2. methods targeting thiol groups  
thioether linkage with maleimide derivatives
3. bioorthogonal ligation strategies  
introduction of proper functional groups to the conjugation partners

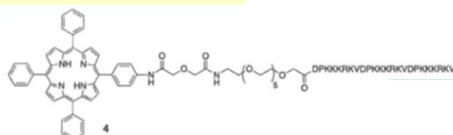
## **Oligopeptide conjugates**

### **Oligopeptide conjugates for PDT**

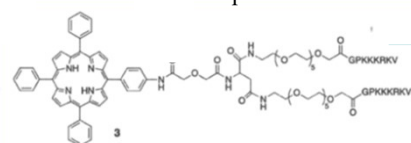
- Nuclear localization signaling entities (NLS)
- Cell penetrating peptide (CPP)
- Dual targeting strategy - CPP+NLS
- Bombesin (BBN) – interaction with gastrin-released peptide receptors

## Oligopeptide conjugates for PDT

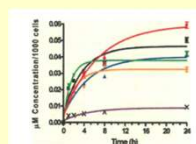
### Nuclear localization signaling entities (NLS)



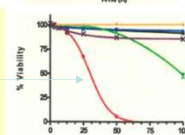
Various spacer/linker combinations



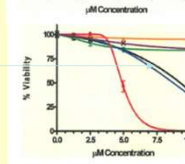
Sibrian-Vazquez et al., Influence of the number and distribution of NLS peptides on the photosensitizing activity of multimeric porphyrin-NLS, *Org. Biomol. Chem.*, 2010,8, 1160–1172



Uptake



Dark toxicity



Phototoxicity

## Oligopeptide conjugates for PDT

### Nuclear localization signaling entities (NLS)

Despite the NLS peptide PS is localized in endoplasmic reticulum

Intracellular integrity of conjugate was not investigated (!!!)

Sibrian-Vazquez et al., Influence of the number and distribution of NLS peptides on the photosensitizing activity of multimeric porphyrin-NLS, *Org. Biomol. Chem.*, 2010,8, 1160–1172

## Oligopeptide conjugates for PDT

### Cell penetrating peptide (CPP)

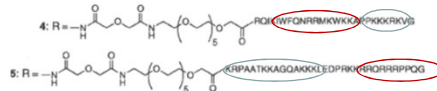
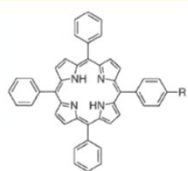
Comparison of NLS and CPP:

CPP-conjugates accumulate more

NLS-conjugates have higher phototoxicity

## Oligopeptide conjugates for PDT

### Dual targeting strategy - CPP+NLS



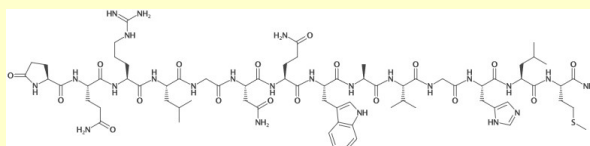
The least hydrophobic conjugates accumulated the most

Despite the NLS peptide PS was not localized in the nucleus

Sehgal et al., Photoinduced Cytotoxicity and Biodistribution of Prostate Cancer Cell-Targeted Porphyrins, J. Med. Chem. 2008, 51, 6014–602

## Oligopeptide conjugates for PDT

### Bombesin

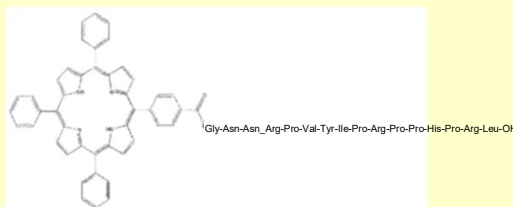


Pyr-Gln-Arg-Leu-Gly-Asn-Gln-Trp-Ala-Val-  
Gly-His-Leu-Met-NH<sub>2</sub>

Dubuc et al., Targeting gastrin-releasing peptide receptors of prostate cancer cells for photodynamic therapy with a phthalocyanine-bombesin conjugate. *Bioorg Med Chem Lett* 18 (2008) 2424–2427

## Oligopeptide conjugates for antimicrobial photochemotherapy

### Cationic antimicrobial peptides (CAMPs)

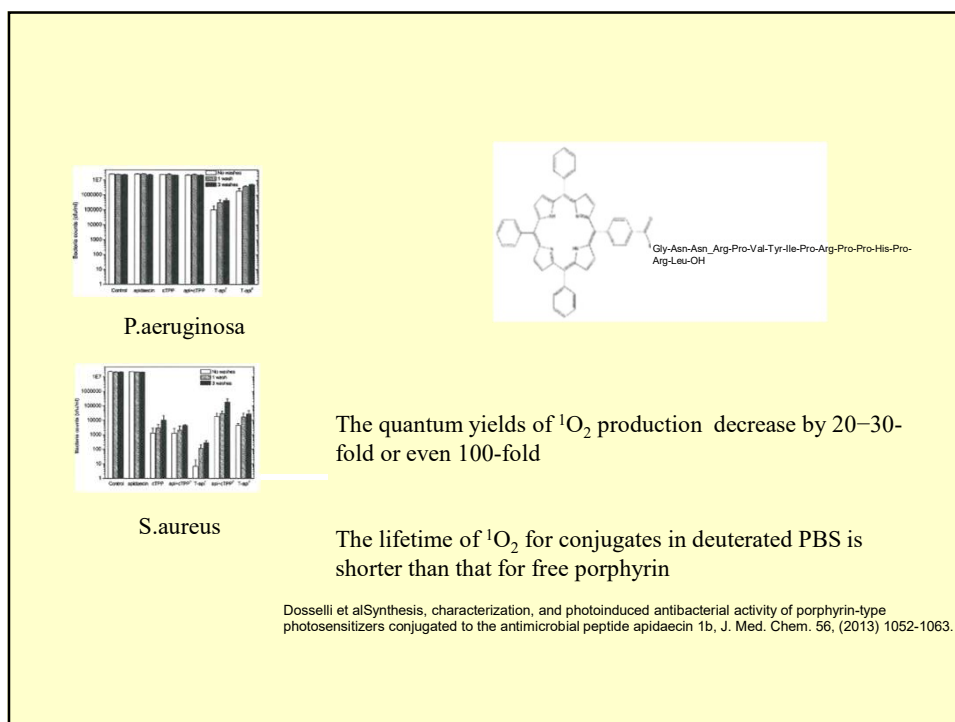
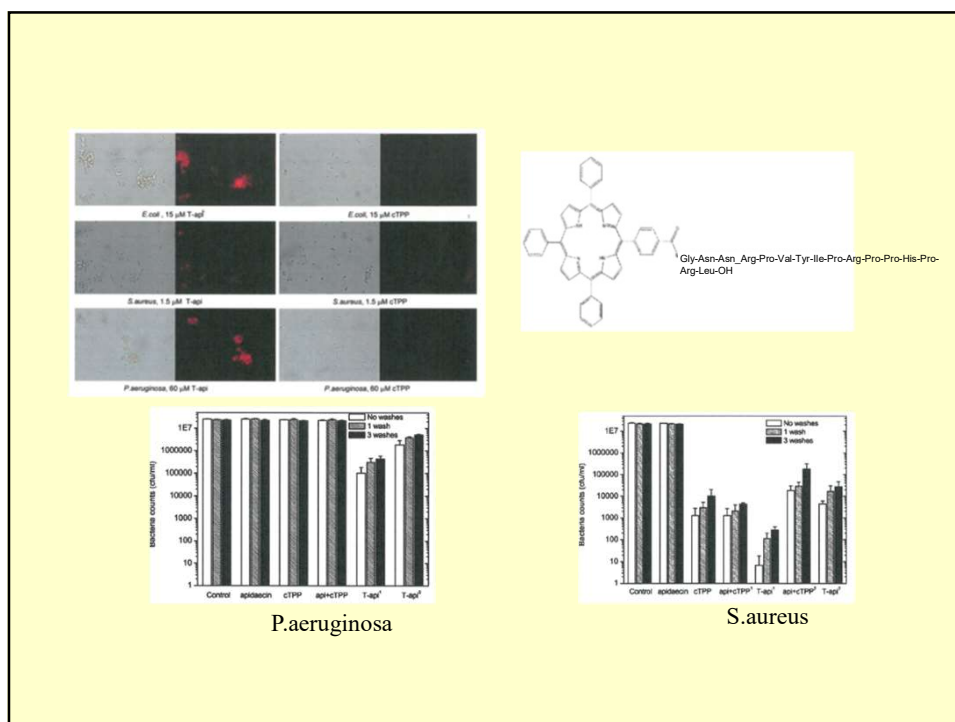


Apidaecin Ib

Pro-rich antimicrobial peptide

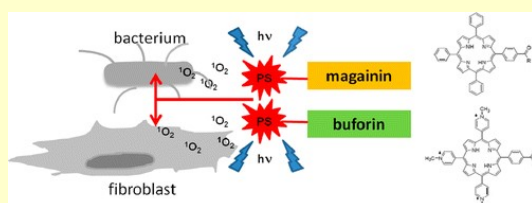
non-specific binding of the  
peptides to an outer  
membrane component

Dosselli et al. Porphyrin-Apidaecin Conjugate as a New Broad Spectrum Antimicrobial Agent. *J. Org. Med. Chem. Lett.* 2010, 1, 35

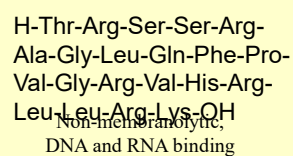


## Oligopeptide conjugates for antimicrobial photochemotherapy

### Cationic antimicrobial peptides (CAMPs)



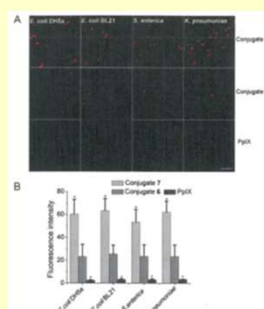
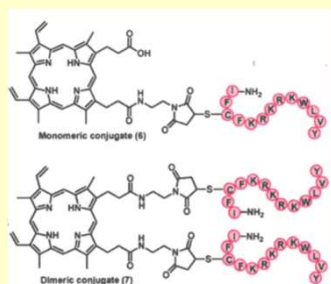
Pore-forming ability  
due to  $\alpha$ -helical structure



Dosselli et al. Synthesis, Spectroscopic, and Photophysical Characterization and Photosensitizing Activity toward Prokaryotic and Eukaryotic Cells of Porphyrin-Magainin and -Buforin Conjugates, *J. Med. Chem.*, 2014, 57 1403–1415

## Oligopeptide conjugates for antimicrobial photochemotherapy

### Cationic antimicrobial peptides (CAMPS)

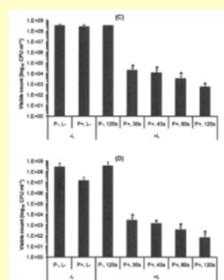
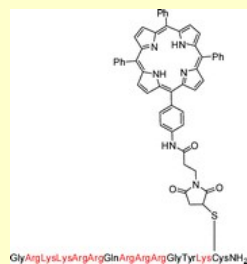


Liu et al. Lipopolysaccharide Neutralizing Peptide-Porphyrin Conjugates for Effective Photoinactivation and Intracellular Imaging of Gram-Negative Bacteria Strains, *Bioconjugate Chem.* 2012, 23, 1639–1640.



## Oligopeptide conjugates for antimicrobial photochemotherapy

### Cell penetrating peptides (CPPs)

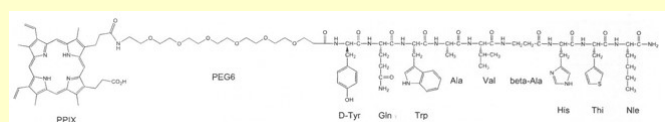


*P.aeruginosa*

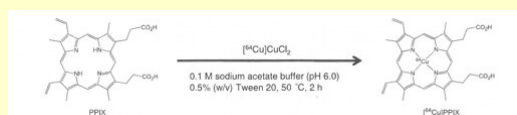
*E.coli*

Bourré, et al., Effective photoinactivation of Gram-positive and Gram-negative bacterial strains using an HIV-1 Tat peptide-porphyrin conjugate, *Photochem Photobiol Sci* 2010, 9(12), 1613-1620

## Positron Emission Tomography (PET)



The structure of protoporphyrin IX conjugated with a bombesin analog (PPIX-PEG6-BBN analog)



A schematic of the synthesis of [<sup>64</sup>Cu]PPIX